



# Spotlight on Care Support Worker, Elaine Watt

## Introduction to yourself

I have been working in the care sector for over 25 years, firstly in a care home. I then moved to Spain where I worked privately with families providing respite and cared for people with dementia. On my return from abroad after 12 years I resumed work at the same care home for the next five years.

## Why do you like working at Mears?

Mears has a lot of services which have different levels of support, and this is what I was interested in. There is a three-week running rota which appealed to me as I am a busy single mum. You know what you are doing and can work around your rota which can be flexible and there is the potential of extra hours.

The office staff that I work alongside are always helpful and available to talk to and take time to

listen to me and are approachable and understanding. I know I can go to them with anything that can be of concern. Mears provide regular training sessions which are held in a nice room at the office making me feel more at ease.

## What are the best things about your job?

I love my job and enjoy a challenge. For me, being a support worker is so rewarding when you see positive changes in the people we support, which in turn can improve their daily lives and help them to be more independent. No two days are ever the same. I am a caring person and I always want to help so it's the perfect job for me.

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